



# Hamilton First Seniors’ News

Vol. 1 No. 11 December 2011

The First Unitarian Church of Hamilton, 170 Dundurn Street South, Ham, ON L8P 4K3, PH 905-527-8441

January Newsletter Deadline December 7, 2011 - please see Gordon Beckett and/or Gail Rappolt

## Welcome to the First Unitarian Church of Hamilton Seniors’ Newsletter



### Upcoming Activities

#### December

**Wed. December 07** – Planning Spring Activities for seniors –  
Room 09 2:00 PM – all welcome

**Mondays - Art Lessons 2:30 PM** – 5, 12 and 19 - William La Ferla

**Wed. December 14<sup>th</sup>** – Potluck lunch - seasonal theme 11:30 AM – Nora Prosser, Ruth, William, Val.

#### January 2012

**Wednesday January 11** Coffee and Conversation - Fellowship Hall  
Other things to be announced in January newsletter

### SENIORS’ HALLOWEEN DINNER - October 29, 2011

This year’s Halloween dinner was another great success - over 50 church members including youth and servers attended the event (most in costume) or volunteered to help with set-up, clean-up, and, last but not least, with preparing and serving food. Our success with this dinner last year helped to pave the way for an equivalent delightful evening this year. Needless to say, the food was wonderful, from punch and hors d’oeuvres to exquisite apple and pumpkin pies, and all the goodies that came between

There were many wonderful aspects emerging from this evening, not least of which being the imaginative costumes worn by our guests! And there were prizes, yes indeed! A panel of church folk took on the responsibility for selecting the BEST costumes, and this was no small task. From the parade of costume excellence, the following were selected as worthy of honour!

(a) Dawn Ludbrook: who perfectly “captured” the role of Little Bo Peep – there were no “baaa’s coming her way, just “huzaas”!

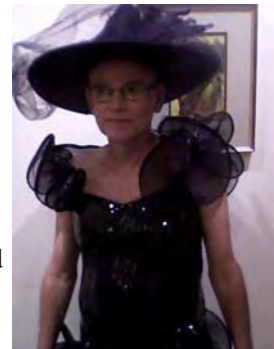
(b) William LaFerla cast a spell as the evil and seductive “black widow” –  
very spidery, William!

(c) Don McFayden played Diogenes to perfection! Diogenes was an ancient Greek searching for an honest man – any honest man would do, but apparently Don is still searching. Keep up the good work, Don!

(d) Last, but not least, Joanne Dear and Ann Craig-Howarth took on the challenging roles of “Lego pieces” – and we became very attached to them!

A special thank-you to the young people who volunteered to assist in many ways and, as usual, with warmth and good humour!

Gordon Beckett



# Upcoming Activities

## Wednesday December 14<sup>th</sup> 11:30 AM-Seniors' Seasonal Celebration Potluck Lunch Party-



Mark your calendars *now* for this joyful event *for ALL OUR SENIORS and their friends and family members...all people who see themselves as seniors are welcome.....bring potluck dish, if you can!* Don Bragg will play his own special 'Easy Listening' piano music at lunch *and* for singing afterwards and there will be some great Readings (*so that Don gets to eat!*). We'll honour the birthdays of all new 2011/12 Octogenarians and just have good, old-fashioned fun. There'll be sign-up sheets on the notice board in November for names and help needed (decorating, set-up, clean-up and potluck choices. *See you there!* (For info: Nora Prosser, Gordon Beckett, or William La Ferla)

### What programs and activities for seniors would you like to see for Spring 2012?

Here is a list of possibilities compiled by the committee to consider. Come out to the planning meeting Wednesday December 07 from 2-4 PM to help make the decisions. You might also consider what part of the spring activities you might be willing to plan or set up.

### Potential Seniors' Programming Suggestions For Spring 2012

- Seniors telling their own biographies (linked Joanne Dear's Program last spring)
- Member of Finance Committee to talk about Church Finances
- Social Justice Programs
  - Out of the Cold, Blooms for Africa, UU UNO, Other?
- Public Health has speakers on many subjects relating to older adults
- Theresa Randle on coping with deafness and how to help others.
- Info about the various stages of residential care and how to access them. The process to get help from CCAC re home help and/or residential placement
- Going out to dinner to places with special interest; ethnic, Dundas Museum, Whitehearn, even perhaps Dundurn Castle.
- Bus tours for the day i.e. CAA,
- Trips to Stratford or Shaw Festivals – seniors' previews are cheaper.
- Local Little Theatre Hamilton, Ancaster, Waterdown, Burlington
- Dr. Bob Kemp Hospice could do a presentation about hospice care - might even arrange a tour for a small group. (Ann Craig Howarth)
- Butterfly Museum (Cambridge or Niagara)
- Informal breakfasts or lunches at the church
- Accessing films from TVO
- Sponsoring Public meetings about hot political issues
- Donkey Sanctuary
- Pearl Company
- Grand River Boat Tour
- Planning a ½ day speaker - invite seniors from the community – featuring Pat Spadafora from Sheridan College speaking about research and programming for older adults.

### Report on Coffee and Conversation

There was coffee and conversation (attended by 8 people this month) and three more activities in November for seniors – (more about them in the January newsletter) Games afternoon, 3 Sisters Dinner and Mental Health discussion with Susan Ryan.