



Hamilton First Seniors' News

Vol. 1 No. 5 May 2011

The First Unitarian Church of Hamilton, 170 Dundurn Street South, Ham, ON L8P 4K3, PH 905-527-8441

May Newsletter Deadline May 11, 2011 - please see Gordon Beckett and/or Gail Rappolt

UPCOMING EVENTS



In Church Activities

Wed. May 04

Seniors' Advisory Committee
Lunch and planning meeting
12:00 PM Room 09

Wed. May 11

Tea coffee and conversation
Fellowship Hall -1:30 – 3:00 PM

Mon. May 16

Film Waking Ned Devine
Fellowship Hall 2:00 PM

Wed. May 18

Eldership – ARE Program
Led by Carl Ingram - 3:00 PM

Mon. June 13

Steve Gaudun – Travelogue
South East Asia Mosaic

Outside Activities

Wed. May 18th 11:30 AM
Mac Nab St. YWCA
Tour and Lunch

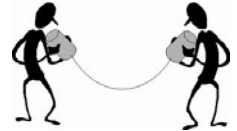
Operas at Silver City
See Seniors' Bulletin Board

Watch for summer programs

Welcome to the First Unitarian Church of Hamilton
Seniors' Newsletter

Calling All Seniors

Just a note to encourage seniors who have not yet come out to any of the seniors' activities to really consider attending one of the May events. The excitement and enthusiasm of the advisory group is quite something and they have more great ideas for the fall.



So, who are these hard working people who make up the advisory committee? - I thought you should know. First there is Gordon Beckett who was really the initiators of the whole idea. Gordon spends many a hours a week planning, writing and following up on things to make events and communication effective. Peggy Leppert was also one of the initiators who thought it was a great idea - Peggy is still working full time and shares her ideas when she is available. William La Ferla has just joined the group and agreed to be co-facilitator - Gordon is thrilled to have his help. Others who have been active are Val Ramsay, Pat Keefe, Ruth Pollard, Bert and Helen Wreford, Barb Kulcher, Barb Jepson, Anne Stewart, John Griffiths, John Mitchell, Maureen Ellison and Daphne Payne.

In their meetings their enthusiasm is inspirational. Many of them are long time members of our church who have served on Boards locally and more broadly in the UU movement. It is a joy to see them engaged and vibrant - role models for us all. Their work has set in motion the development of the UU Families group - some parents thought if there was a group planning for seniors, then there needed to be one for families as well.

Congratulations to all - it has been such fun to watch your group bloom and grow!

Warmly

Gail Rappolt
Leadership Development Volunteer Coordinator

Notes from the Seniors' Advisory Committee

At the April 6, 2011 Advisory Committee meeting, the committee worked at identifying April, May and June activities, along with the beginnings of July and August and now and then some ideas for the later summer. A new strategy for advertising these activities shifts the presentation of information to the new bulletin board near the front door, which has been revamped and beautified by William LaFerla and Angela Gaspari. By the way, William delivered a highly successful art class where six people were inspired to think that yes they could produce art and he anticipates a series of art classes for the fall. The participants of the April class were extremely excited by their experience. William has also agreed to work with Gordon as joint facilitator of the Seniors' Advisory Committee.

During a good deal of the summer period, a reminder to check out the bulletin board will be regularly found in the order of service. Details about the spring/summer activities will be found on the bulletin board. The variety of possibilities is impressive, so don't forget to search out activity details! The popular "Coffee, Tea and Conversation" will continue (April 13, May 11, and June 8), as usual on the second Wednesday of each month, from 1:30 to 3 p.m. It will take a break for summer and return in the Fall.

Lots of favourites are being explored (see the list of operas) and a great LIVE National Theatre production of "The Cherry Orchard" on Monday, May 16 at 2 PM at the church, the old favourite movie "Waking Ned Devine", and maybe more!

Thanks to Peggy Leppert we have arranged a tour and lunch at the downtown YWCA on Mac Nab Street at 11:30 AM May 18 (See the bulletin board and elsewhere in the newsletter for more details). Please arrive at 11:30 for a tour by the executive director followed by lunch in the cafeteria. There are excellent seniors' programs available to check out. Lunch is reported to be inexpensive and very good. If possible please bring small bottles or tubes of toiletries for use by clients.

We are exploring a return visit to the Royal Botanical Gardens. We are also looking into some picnic possibilities – what could be better in the summer? Hold lunchtime Tuesday July 12 and Thursday August 25 for seniors' picnics!

It will be of great interest to church members and friends of Val Ramsay that the fabulous retrospective of her art collection will continue to be showing at the McMaster Innovation Park until July 13. The park is open for viewing Monday – Friday 9AM – 4PM. There is no entrance fee but there is paid parking on the site. This is a not to be missed opportunity – check out the write up on the web - <http://publicityworksprconsultants.com/event/art-in-the-workplace-the-collection-of-valeska-ramsay/>

Congratulations too to another member of our advisory committee Bert Wreford who had a recent showing of his art at the Sunrise Gallery 765 Beach Boulevard Hamilton, ON L8H 6Y5. Let's have lots of fun this spring and summer!

Gordon Beckett, Co-facilitator, Seniors' Advisory Committee gbeckett1@cogeco.ca 905 544-8979.

**NEXT
Coffee &
Conversation:
Wed May 11, 2011
1:30 pm - 3:00 pm**

Coffee and Conversation



A group of seniors had another fine social time together on Wednesday, April 13, 2011. There were about fifteen of us. We had two tables; and we quickly settled down to some brisk conversation, lubricated by tea, coffee and cookies. There was much to talk about, including the election campaign, art and cultural events. There were also little anecdotes that brought no small

amount of laughter. We seniors enjoy this opportunity to air our views and to appreciate each other in a warm friendly atmosphere. If there are other seniors who do not know about us, please come to our next gathering on Wednesday afternoon, May 11th.

~ Gordon Beckett