



Hamilton First Seniors'

News

Vol. 1 No. 8 September 2011

The First Unitarian Church of Hamilton, 170 Dundurn Street South, Ham, ON L8P 4K3, PH 905-527-8441

October Newsletter Deadline September 14, 2011 - please see Gordon Beckett and/or Gail Rappolt

Welcome to the First Unitarian Church of Hamilton
Seniors' Newsletter

More coming this fall



October

Mondays: Art Lessons 2:30 PM - 3, 17, 24, 31 William La Ferla

Wed. Oct. 12 Coffee and Conversation 2 PM - Val, Sheila, Bert and Helen

Tues. Oct. 18th Slides of Tour - Steve Gaudun 2:00 PM - William

Sat. Oct. 29th Halloween Party 5:30 - 9 PM - Gail, Ruth, William, John, Barb (note date change from Friday to Saturday)

November

Mondays Art Lessons - 2:30 PM - 7, 14, 21, 28 William La Ferla

Wed. Nov. 09 - Coffee and Conversation - Val, Sheila, Bert and Helen

Thurs. Nov 17th - Games in Fellowship Hall 2:00 PM - Barb and Pat

Monday Nov 21 Three Sisters' Dinner - 4 - 7 PM - Anne Stewart

Wed. Nov. 30th Mental Health - Sue Ryan - 2:00 PM - Barb Culture

December

Mondays Art Lessons 2:30 PM - 5, 12, 19 William La Ferla

Wed December 14th - pot luck lunch with recipes -
Christmas theme 11:30 AM
- Nora Prosser, Ruth, William, Val.

UPCOMING EVENTS

Seniors' Boat Tour of Hamilton Harbour - Thursday September 08 - 2:00 PM

The Burlington Boating and Sailing Club extended an invitation to seniors from Hamilton First Unitarian Church to tour Burlington Bay! Having spent most of his life (77 yrs.) on the waters that join the Hamilton and Burlington shores, your Captain, Frank Howarth, will delight you with his knowledge of this beautiful harbour. The cruise will take place on Thursday September 8 and departure and return will be from La Salle Park Marina. La-Salle Marina is just down the road from the park itself. There is plenty of parking on the dock. Ann Craig Howarth will be there to welcome you. Departure time will be 2:00 PM and normally the cruise takes between 1 and 1-1/2 hours.

Underway, the boat, can accommodate 15 passengers. Please sign up for the cruise on the sign-up sheet on the seniors' bulletin board (we'll keep a waiting list and if there is interest we can do a second trip later in September). The boat is accessible and seating and life jackets will be supplied. You might want to bring a jacket - the air can be cool.

Although there is no charge for this cruise, a donation will be made to the Able Sail Program or the Junior Sail Program, both operated by the BS&BC. This donation will be made by the seniors' program of the First Unitarian Church.

Coffee and Conversation - Wednesday, September 14th 1:30 PM Fellowship Hall

Join your fellow seniors for coffee, tea, cookies and conversation. This has become an anticipated monthly chance to visit long time friends and meet folks new to the congregation. Call Val Ramsay, Sheila McAllister or Bert and Helen Wreford for more information.

Fun and Games - When: Tuesday September 20th 2:00 - 3:30 PM

Where: In the Fellowship Hall

Hosts: Pat Keefe and Barb Kulcher

Are you a Scrabble Player? Do you enjoy Cribbage, Euchre, Boggle, Yatzi? Come along and bring the game you like the most in case we don't have it. Bring a partner or a friend or two as well - whether they are congregants or not. Tea, coffee and cold drinks will be available.

UPCOMING EVENTS ...Continued from front page

Art Lessons for Seniors

Mondays: 2:30 - 4PM.

For details contact William LaFerla 289-396-8659

This is an informal relaxed group that gets together on a weekly basis to explore their creative side in "Oil Painting" Class size is limited to 7 persons, so sign up early if you want to hold a spot. Signup sheet will be on the Seniors' Bulletin Board. Weekly sessions will begin on Sept 12 and run through to Dec 19 - then begin again in the New year.

Harvest Moon Chinese Dinner

When: Wednesday September 28th 5:30 PM

**Where: 80 James St N, Hamilton, Ontario
- 905-297-0228**

Join our seniors for a great (and inexpensive) Chinese Dinner at Harvest Moon. William La Ferla has details. There will be more information near the end of the month. No limit - all welcome.

Summer Fun



Picnic at LaSalle Park

Well, Tuesday, July 12 turned out to be a perfect day for a summer picnic! The gathered throng of UU's - about 17 or so of us - thoroughly enjoyed ourselves in beautiful La Salle Park. We had a gorgeous setting under large trees, were able to relax in the dappled sunshine, and enjoyed delicious food and drink. For many of us, it was an opportunity to meet and make new friends. Pat Keefe demonstrated her Scrabble prowess while others played Cribbage
~Gordon

RBG Trip

On July 27 a group of 10-12 persons attended our outing to the Royal Botanical Gardens. It was a very hot day, but we took our time and enjoyed what the gardens displayed. These outings are a wonderful opportunity for us to get to know other members

in our Church Community. It is always encouraging to see new friendships forged at these type of outings. We had a very nice luncheon at the Tea House and particularly enjoyed the beautiful Native Woodland Gardens and the reflecting pools. We will definitely add this to our list of things to do again.

~William

Art Gallery Tour

Close to 20 persons met at 10 a.m. on August 16, at the Hamilton Art Gallery and thoroughly enjoyed the guided tour that took place over the next two hours - initially focused on the various French styles - the main exhibit - and continuing into various other galleries containing different periods and different painting styles. Our docent provided insightful and sometimes humorous information throughout. Lunch followed, prepared and served by

the staff of the gallery café - it was great!

Many attendees have commented on the pleasure that they experienced from this event; since the exhibitions change every few months we'll plan another tour for sure.

~Gordon

Gage Park Picnic

William La Ferla and Gordon Beckett hosted a picnic on what began as a gorgeous summer day under the Gage Park trees. We met Tamara McClellan, our new Lifespan Learning Professional and Joy, Rev. Victoria and Carl's new Greyhound. We were a lucky 13 - with two people joining us who had not been at any prior Seniors' events so we were thrilled to welcome them. The cribbage game was cut short by a shower but we were excited by the thought of the Hamilton Harbour Boat Tour in two weeks.