



# Caring Community Ministry



**Here you will be cared for and called upon to care for others.**

**Caring Community Committee:** Glen Doe (chair), Mary Beech, Joanne Dear, Bill Fulton, Don McFadyen, Karen Moore, Pat Oertel, Anne Stewart

First Unitarian Church of Hamilton is a community of caring people who worship together as Unitarian Universalists and are committed to shared ministry to each other.

Our Caring Community Ministry is one way we live our faith, recognizing our interconnectedness and the inherent worth and dignity of every person.

Whether you need a listening ear for good times or bad, here you will be cared for—and called upon to care for others.

If you know of someone who may be in need of this ministry, or someone who is in need of pastoral care, please contact Glen Doe (main contact for the Caring Community Committee) at 905-573-3300 or [caring@firstunitarianhamilton.org](mailto:caring@firstunitarianhamilton.org).

## Visiting Ministry



Co-ordinators:  
Karen Moore  
(905 383-9413)  
and Anne Stewart (905 526-0634)

The Visiting Ministry delivers 'pastoral' visits to those who desire a caring presence as they talk about their story, their joys and sorrows. A caring presence is about relationship and listening rather than problem-solving. Spiritual care visitors will be nurtured by ongoing training, a peer support group and ministerial presence.

I am only one  
But still I am one.  
I cannot do everything,  
But still I can do something.  
And because I cannot do  
everything  
I will not refuse to do the  
something that I can do.  
Edward Everett Hale

## Casserole Ministry



Co-ordinator:  
Mary Beech (905 521-1950)

Do you know someone going through a hard time? Is there someone recovering from an illness or mourning the loss or death of someone dear? If the demands of life get in the way of preparing a nutritious meal the Casserole Ministry can help by providing a meal to those in need of assistance

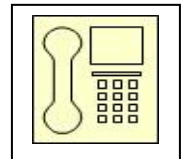
## Cards & Flowers Ministry

Co-ordinators:  
Pat Oertel (905  
627-9332)  
Don McFadyen  
(905-627-1034)



We send cards to people acknowledging their joys or sorrows when these have been recorded in the Joys and Sorrows book or when a request is made of the contact person.

## Phoning Ministry



Co-ordinator:  
Joanne Dear (905-689-5133)

This ministry is about making sure that no one falls through the cracks. Through a deliberate care network, we keep in touch with everyone in our congregation on a regular basis, just to know how things are going, whether times are good or bad or in-between.

We notice everyone—and keep them in our circle of care

May we be reminded here of our highest aspirations,  
and inspired to bring our gifts of love and service to the altar of humanity.

May we know once again that we are not isolated beings  
but connected, in mystery and miracle, to the universe,  
to this community and to each other.  
Anonymous