

MODES of SPIRITUALITY

(SPECULATIVE)
Illumination of the Mind

heresy of
ENCRATISM
obsession with taming all desire

heresy of
RATIONALISM
obsession with correct theology

Purification (NT)

Theology (ST)

APOPHATIC
Emptying the Mind

KATAPHATIC
Utilizing Imagery

Contemplation (NF)

Piety (SF)

heresy of
QUIETISM
obsession with perfect inner life

heresy of
MORALISM
obsession with right and wrong

(AFFECTIVE)
Illumination of the Heart